

Summary Comparison: Major Hospitals in Astana

This document provides a concise comparison of several key hospitals and clinics in Astana relevant to students attending Language Link study programmes. It is intended for informational purposes only and does not constitute a medical recommendation. Students should verify coverage with their insurer before seeking treatment.

Hospital / Clinic	Overview & Strengths	Limitations	Suitability for Students
International SOS Clinic Astana	• Private international-standard clinic • 24/7 service with English-speaking staff • Offers general medicine, emergency care, and on-site diagnostics • Experienced with expats and insured travellers	• More expensive than public hospitals • May still refer patients for advanced or specialist care • Must confirm insurance acceptance (e.g., AIG) before use	Top recommendation for insured international students. Ideal first point of contact for emergencies or general medical care.
Medical Centre Hospital of the President's Affairs Administration	• High-level tertiary hospital with multiple specialties • Modern infrastructure and well-equipped diagnostic and surgical units • Recognised as one of the top medical institutions in Kazakhstan	• English-language support may be limited • Mental-health or psychiatric services limited compared to Western standards	Recommended for serious or complex medical cases. Include in your list with caveats about language and specialist care.
Rahat Medical Clinic	• Private, well-equipped outpatient and diagnostic centre in central Astana • Provides general medicine, minor emergency care, physiotherapy, dental, and women's health services • Known for clean, modern facilities and efficient service • English-speaking doctors available (especially via international patient coordinators) • Frequently used by expatriates and foreign residents for routine and insured medical care	• Not a full-scale hospital — limited inpatient capacity and emergency surgery options • Ambulance and emergency coordination services must be arranged through insurers (e.g., International SOS) • English fluency varies by department and shift • Limited mental-health support or psychiatric services on-site	Excellent choice for general health needs, diagnostics, and outpatient treatment. Appropriate for students seeking English-speaking care or insured consultations. Not suitable for major emergencies or hospitalisation — in such cases, students should contact International SOS Clinic Astana first.

Recommendations Based on Expat Reviews:

- ✓ International SOS Clinic Astana should be considered the preferred option for students requiring medical attention, particularly for English-speaking support and reliable communication with insurers.
- ✓ The Presidential Hospital and UMC facilities provide high-quality medical care but may have language barriers and limited specialist mental-health resources.

Students should ensure that their travel or medical insurance covers private hospitals and clinics, English-speaking care, and any necessary medical evacuation or repatriation. Mental-health and counselling services abroad may be limited compared to the UK, and students are strongly advised to discuss any existing conditions with their healthcare provider and insurer before departure.