

Summary Comparison: Major Hospitals in Tallinn

This document provides a concise comparison of several major hospitals and clinics in Tallinn relevant to students attending Language Link study programmes. It is intended for informational purposes only and does not constitute a medical recommendation. Students should verify coverage with their insurer before seeking treatment.

Hospital / Clinic	Overview & Strengths	Limitations	Suitability for Students
North Estonia Medical Centre (PERH)	• Largest and most advanced hospital in Estonia • Offers full range of medical services including emergency, cardiology, and surgery • English-speaking doctors commonly available • Public hospital with strong national reputation	• Busy facility with waiting times for non-urgent appointments • Some administrative processes in Estonian only • Mental-health services available but limited in English	Recommended for emergencies or specialist care. Students should bring their EHIC/GHIC card or confirm private insurance coverage.
East Tallinn Central Hospital (ITK)	• Major public hospital providing multidisciplinary care • Good quality diagnostics and emergency care • Staff often speak English, especially in international patient departments	• Similar public-hospital limitations (waiting times, bureaucracy) • May require upfront payment for non-EU insured students	Suitable for general or emergency medical needs. A strong secondary option after PERH.
Confido Private Medical Clinic	• Private clinic network oriented toward international and insured patients • English-speaking doctors available; modern facilities • Offers general medicine, diagnostics, and mental-health services	• More expensive than public hospitals • Limited inpatient facilities—mainly outpatient and consultations	Highly suitable for minor illnesses, routine care, and English-speaking consultations. Recommended as first point of contact for insured students.

Recommendations Based on Expat Reviews:

- ✓ Confido Private Medical Clinic is generally preferred for international students due to its accessibility, English-speaking staff, and private service quality.
- ✓ North Estonia Medical Centre (PERH) is the top public facility for emergencies or specialist treatment with East Tallinn Central Hospital as a strong alternative.

Students should ensure that their travel or medical insurance covers private hospitals and clinics, English-speaking care, and any necessary medical evacuation or repatriation. Mental-health and counselling services abroad may be limited compared to the UK, and students are strongly advised to discuss any existing conditions with their healthcare provider and insurer before departure.