



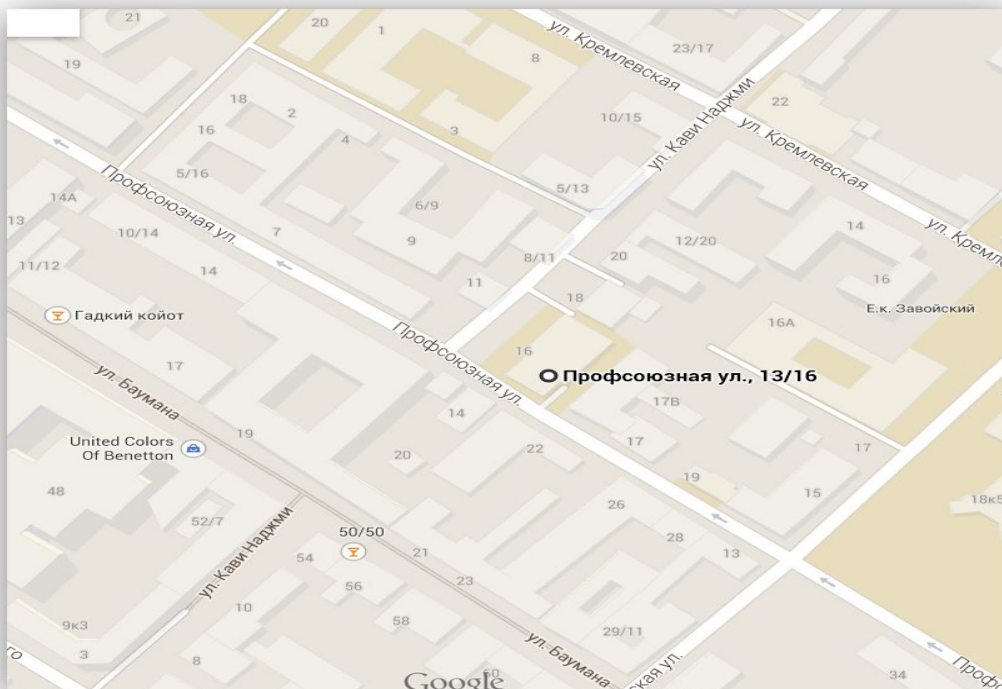
CONTACT DETAILS:

**The Centre of Russian Language Studies
Institute of Social Sciences and Humanities**
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420111 Kazan, Russia
rus.centre.isgz@gmail.com

YOUR RLUS REPRESENTATIVES:

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MAP



YOUR ARRIVAL IN MOSCOW

If you arrive on the group flight, you will be met at the airport by the representatives of our Centre.

They will welcome you and give you some important information. Once everyone has come through, you will be taken to your accommodation in Kazan.

If you do not arrive on the group flight, you will be expected to make your own way to Kazan. Once you arrive there, you will be met by a member of the Centre staff.

Public transport from the airport is cheap and easy. All Moscow airports have a train service to the city, called Aeroexpress. The train costs 500 roubles and takes between 35-45 minutes to get to the city, depending on which airport you arrive at. Once you arrive at the station, follow the signs to the metro which is characterised by big red **M**. You can buy the metro tickets at the cash desk when you enter the metro. Once you get into Moscow, you can take a train to Kazan. They leave from Kazansky Station (К а з а н с к и й в о к з а л), which is located at Metro Komsomolskaya station, and take about 12 hours – timetables can be found here: www.rasp.yandex.ru

YOUR COURSE

Your course will start on the first Monday after your arrival. On this day, you will meet at the school in the morning. Do not forget to bring your documents on the first day as you will need them for registration in the Migration Service. You will be shown around the area, you will have a briefing meeting where you will be told some important information, and introduced to the teaching staff of “The Centre of Russian Language Studies”, who will be conducting your course. The head of the Centre is **Natalya Kraeva**, the assistant head is **Margarita Ignatieva**.

During your course you will study the following disciplines:

Intensive Russian language course

We recommend all our students immerse themselves in the Russian-speaking environment from the very start of their stay in Russia, which allows a more rapid learning process. The Course uses intensive language learning methods: the consistent complication of the language material, focusing on everyday language in use. Well-structured course flow and constant revision of the previous knowledge allows the students to acquire new vocabulary and grammar forms in a rapid and coherent way. The students are encouraged to read authentic language materials and produce their own written essays.

General Russian

The aim of this course is to teach students to speak Russian with the simultaneous learning of basic grammar forms. Working on lexical items teaches the students to read Russian with or without a dictionary. During the course the students master all four language skills: speaking, writing, reading and listening. The course is adapted to suit students’ language ability.

Conversational Russian

Conversational Russian includes much of the same core language tuition of the General Russian course, but has a particular focus on the oral and aural elements of Russian. Our teachers involve students in discussions and dialogues from the very first class, to build their confidence and fluency. It is thus ideal for those who wish to quickly master the practical communication skills vital for their stay in Russia. Although the course emphasizes the spoken word, correct grammatical constructions and writing skills are also studied in the context of conversational topics, and students learn about Russian customs, traditions and etiquette.

Translation course

This course intends to put into practice newly learned grammar and vocabulary. Also, it gives a good opportunity to those who seek to develop abilities in the field of translation.

Special Course of Russian Language

This course targets the development of language skills needed for a specific reason, i.e. to help establish business contacts with Russian specialists in certain industries, such as politics or mass media. The focus of the course is to teach students to read and understand texts, to acquire specific vocabulary, and to comfortably use this vocabulary in conversation. The course includes getting acquainted with the traditions and customs of the everyday life of Russian people and their mentality (to be able to successfully carry out business in joint ventures). Our teachers will guide students through the economic, political and cultural life of modern Russia and will teach them practical communicative and behavioral skills. By the end of the Course students will be able to freely express their ideas and opinions in Russian (both written and spoken). The course lasts 4-8 weeks, with 16-20 hours of teaching per week.

Cultural Programme

We invite students to take part in a variety of cultural activities. These include visits to the Theatre (Kazan's Theatre of Ballet and Opera is one of the best in Russia), Concert Halls, Jazz and Rock Festivals, Museums and Art Galleries. We can also organize boat trips down the Volga river (to Samara, Nizhniy Novgorod). And we are also happy to take you to various entertaining trips round Republic of Tatarstan with its famous architectural and historic monuments. These activities build on classroom material and help develop students' speaking skills.

VISAS AND REGISTRATION

When you arrive at the airport, make sure you have filled out a migration card (see the picture on the right), if it has not been done for you automatically (some Moscow airports print it for you at passport control). You cannot enter the country without it. Please check it has been stamped and dated, **before you come through customs**.

Most RLUS students have an initial 3-month single-entry visa which is converted into a multi-entry to cover the duration of their course within the first two months. Be aware that you may not be able to travel outside of Russia for the first two months of your course, as your visa will be with the authorities undergoing extension. Due to the Russian laws, if you are planning on leaving Kazan (if just to another city in Russia) for any reason, you must inform your RLUS either Natalya or Margarita! **You are responsible for any costs incurred for visa extension and registration.**

Your visa support is undertaken by our Institute. For all required document please refer to RLUS in the UK.

«Б» (Выезд/Departure)		Республика Беларусь	
Российская Федерация		Russian Federation	
Миграционная карта		Серия/Serial	65 06
№		0008758	
Фамилия/Surname (Family name)		WATKINS	
Имя/Given name(s)		CHRISTOPHER	
Отчество/Patronymic			
Дата рождения/Date of birth		Пол/Sex	
День/Day	Месяц/Month	Год/Year	Муж/Male <input checked="" type="checkbox"/> Жен/Female <input type="checkbox"/>
1	7	07	Гражданство/Nationality
Документ государственной личности/Passport or other ID		Номер визы/Visa number:	
4011111111		20 12616 08	
Цель визита (укажите подчёркнутой)! Purpose of travel (to be underlined):		Сведения о приглашающей стороне (наименование юридического лица, фамилия, имя, (отчество) физического лица), населённый пункт/Name of host person or company, locality:	
Служебный/Official, Турист/Tourism, Коммерческий/Business		РОССИЯ	
Учёба/Education, Частный/Private, Погреб/Grave		КПП	
Срок пребывания/Duration of stay:		Подпись/Signature:	
С/From: 7.7.07		До/Till: 7.4.07	
Служебные отметки/For official use only			
Въезд в Российскую Федерацию/Республику Беларусь		Выезд из Российской Федерации/Республики Беларусь	
Date of arrival in the Russian Federation/ Republic of Belarus		Date of departure from the Russian Federation/Republic of Belarus	

ACCOMMODATION

Convenient and comfortable accommodation is vitally important for the success of your training at the Institute of Social Sciences and Humanities, Kazan.

Most RLUS students will stay in homestay accommodation, never too far from the Centre. The hosts are young, intelligent families with children of a student age. They are all lovely people, and also want to ensure that your stay here is wonderful. Within the first couple of days of arrival, you will be expected to pay your rent directly to your landlady. You will usually be expected to pay for washing machine powder too, if you want to use the machine.

It is important to remember that living in a homestay is not like living in your own house. You have to be respectful and clean. For example, it is rude in Russian culture to walk around the house with your shoes on or leave your clothes lying around on the floor in your bedroom. Please be attentive, and remember that you are a guest in someone else's home. In Russian homes it is not acceptable to wear your street shoes in the house. Instead, people wear slippers (т а п о ч к и / tapchki) or socks.

If you have any problems with your host, please let one of us know. If you wish to move out of the accommodation arranged by the Centre, you must give us one month's notice or pay rent for that month. You must inform us of your plan to move out as well as your RLUS representatives. RLUS cannot legally assist you with looking for alternative accommodation. If you move out, you are responsible for dealing with the landlord, paperwork, rent and other related issues.

SAFETY ISSUES

You must have a student card and a copy of your documents (passport, visa, migration card and registration slip) with you at all times. If you are stopped by the police and you don't have your documents, they can detain you for up to three hours to establish your identity and you will have to pay a fine.

However, the police work very well. You can be stopped by them in the street only if you have broken the law. In case you are stolen something, etc., please, refer to the administration of the Centre.

Common Sense Advice:

- Avoid drawing attention to yourself – do not walk in big groups speaking loudly English.
- Absolutely never touch drugs – the penalties are simply not worth the risk, and if you break the law we will not be able to help you.
- Always be aware of yourself, your belongings and your surroundings.
- You should not come across any major problems.
- If you are out at night, try to make sure girls are accompanied home.
- If you are engaged in sexual activity, always practice safe sex and use a condom as STIs are not uncommon.
- Stay away from Gypsy cabs, use a reputable cab company such as Т а к с и Т а т а р с т а н (567-1-567), Т а к с и В е з ё т (5-333-222). Gypsy cabs can lead to trouble.
- Minimize your losses! Avoid carrying too much cash on you or unnecessary cards. **Carry a maximum of one** credit or debit card, and keep driving licenses, British student cards, etc. at home.
- If you lose your documents, inform your reps immediately. We will help you sort everything out.
- Do not drink the tap water – it is recommended to boil it first, or buy bottled water. Water filters are cheap in Russia so buying one and filtering your own water before boiling it may be the best and most money saving alternative.

If in doubt, always feel free to contact your RLUS representatives. Please text us with any questions and we will reply as soon as possible. If you decide to call and we do not answer it is likely that we are teaching – that is another part of our jobs – and we will call you back as soon as possible.

IF SOMETHING GOES WRONG

Our phone numbers and the numbers of the RLUS representatives are at the beginning of this document. Other useful numbers to have:

British Embassy in Moscow: +7 495 956 72 00 (if you cannot get through in an emergency situation, let us know and we will keep trying for you)

FIRE: 01 POLICE: 02 AMBULANCE: 03

COMMON EMERGENCY NUMBER: 112

You can get adequate medical treatment in Kazan. Most RLUS Centres will send students first to a general clinic and then to a more specific doctor, depending on the nature of the ailment and/or the diagnosis given by the doctor. A member of staff can accompany you to the doctor and help you arrange an appointment.

100 metres from our Centre there is a **medical clinic AVA-Kazan (Клиника АВА-Казань)** on Astronomicheskaya str., 15 (Астрономическая, 15).

If you do not feel well or have been involved in a dangerous situation, always **tell one of us**. Please **read your insurance policy** before you have any medical treatment, because if you have any treatment which is not covered then you may have to foot the bill (e.g. treatment on problems which existed before you came to Russia are normally not included).

Please be aware that even for things covered by your policy, you may have to pay all charges directly to the rule and the necessity depends on the nature and severity of the issue. If in doubt, ring your RLUS representative first. In the unlikely case that you are arrested, **say nothing and sign nothing**. If you are forced to sign something write that **you do not understand what you are signing**. Keep demanding to speak to your RLUS representative or the Embassy Duty Officer. You should be allowed one phone call; use it to call one of us and we will contact the embassy.

Finally, be wary of food poisoning, and be careful when buying fast food from street kiosks.

LIFE IN KAZAN

Every city has its unique appearance, its “flavour”. The flavour of Kazan is to organically combine two sources of life in an incredible way. In this amazing city you can see both extreme antiquity and extreme modernity, Asia and Europe, Islam and Orthodoxy. The Russian and Tatar cultures merge together, giving birth to new, unexpected, interesting unity.

Kazan is the capital of the Republic of Tatarstan (Russia) and one of Russia's largest cities. Its history spans over 1000 years, and including the aggression of the Golden Horde which Kazan withstood, the conquest of Ivan the Terrible in 1552, followed by a massacre, as well as the forced Christianization of the Tatar people and the destruction of Mosques. It is a major industrial, commercial and cultural centre, and it still remains the most important hub of Tatar culture, and one of the most important for Russian culture. In April 2009 Kazan got the legal right to “brand” itself as the “Third Capital” of Russia, as approved by the Russian Patent Office. Kazan lies at the confluence of the Volga and Kazanka Rivers in the centre of European Russia. Kazan became the host city of the 2013 Summer Universiade (Olympic Student Games).

The city has a beautiful citadel, which was declared a World Heritage site in 2000. Major monuments in the Kremlin are the 5-domed 6-columned Annunciation Cathedral (1561-1562) and the Soyembika Tower, named after the last queen of Kazan and regarded as the city's most conspicuous landmark. Also places of interest are the towers and walls, erected in the 16th and 17th centuries, and later reconstructed.

Kazan surpasses most other Russian cities in terms of the number of educational institutions. Kazan Federal University is ranked among the three major Universities of Russia. It was founded in 1804 and has had several prominent students, including Nikolai Lobachevsky, Leo Tolstoy and Vladimir Lenin.

Kazan is a student city. There are more than 20 higher educational institutions in Kazan with more than 150 000 students. Kazan is a student-friendly city. Here you can find a lot of sporting venues, cafes

(where one can do his home assignment or use Wi-Fi), entertainment establishments, concerts of all kinds to fit any taste, many theatres, museums, including a branch of the famous Hermitage.

Kazan is a modern city. There are many new buildings with a unique architecture here. And the building process never stops as Kazan is the third capital of Russia.

Kazan is a very hospitable place where everyone can find some enjoyable occupation (after classes) and friends.

Kazan airport is located approximately 30 kilometres from the city center. Every two hours there is an Aeroexpress train running between the airport and the Kazan Station. The trip takes 20 minutes.

MOBILE PHONES AND INTERNET

You can get Free Wi-Fi connection almost everywhere in Kazan (cafes, restaurants, airport, parks, our Centre, host families, etc.)

You will be taken to a phone shop on your first day where you will be able to purchase sim card, and a phone at a good price, if you need one. There are 3 main networks in Russia: Б и л а й н, М Т С, М е г а ф о н. If you want to use your landlady's phone to call home, you should ask first, and use an International calling card which you can buy from a phone shop (e.g. Е в р о с е т ь, С в я з н о й).



MONEY

We recommend you to change money in banks. **Cash dispensers** (б а н к о м а т ы) are everywhere. It is a good idea to let your bank know that you will go abroad (to Russia) for a certain period of time so that they do not think your card has been stolen and block access to your money.

ENTERTAINMENT AND LEISURE

You can find listings for many interesting events such as concerts, plays, exhibitions, night clubs, restaurants, etc. on the Internet (www.afisha.ru/kazan , www.afisha.116.ru , www.kzn.kassir.ru , www.kazan24.ru/afisha.html , www.kudago.com/kzn) or in local newspapers.

There is a cable TV (60-100 channels) in every host family.

TOURIST ATTRACTIONS

Кремль (К р е м л ь)

Every city has its main sight, and in this case Kremlin is Kazan's symbol. After Moscow's red Kremlin complex, Kazan Kremlin with its snow-white walls tends to be the most beautiful in Russia. It includes many buildings: Annunciation Cathedral, Soyembike Tower, Spasskaya Tower, Secret Tower, Presidential Palace and mosque Qol-Sharif. In 2000 it was granted with a status of World Heritage.

Баумана Street (у л и ц а Б а у м а н а)

This is the central street in Kazan, it is worth visiting at least because of its popularity among Kazan citizens. It has some of the same features as Moscow's Arbat: fountains, streets artists, a variety of shops, cafes, bars and restaurants. At the end of Baumana Str. there is a Belltower of Bogoyavlensky cathedral, the symbol of Baumana Str. It is the highest old building in Kazan (63 m) and always one of the favorite tourist sights.

Baumana street is situated in the "heart" of Kazan and became a classic place for meetings. Here you will find everything you need, such as accommodation, cashpoints, food, souvenirs, entertainment.

Tatar State Academic Theatre of Opera and Ballet named Musa Jalil (Т а т а р с к и й г о с у д а р с т в е н н ы й а к а д е м и ч е с к и й т е а т р о п е р ы и б а л е т а и м е н и М у с ы Д ж а л и л я)

It is a “must go” place. It is a very beautiful classical building, which is reminiscent of the 19th century. We recommend attending a performance (opera or ballet) during your stay in Kazan as tickets are very affordable.

Soviet Lifestyle Museum (Музей социалистического быта)

This is a unique and interactive museum, which gives an insight into everyday life for Soviet citizens in the 1970s and 1980s.

Saint Peter and Paul Cathedral (Петропавловский собор)

This is one of the most beautiful cathedrals in Kazan and one of the most famous Russian churches in Naryshkin Baroque style. It is highly recommended to go there on Sunday morning before the bells ring and to see the service afterwards. From the top of the steps leading to the main entrance you will have one of the most perfect views of the Kazan skyline possible.

Kazanka Riverside (Набережная реки Казанка)

Kazan at night with a lot of lights is really beautiful. We would highly recommend spending at least one evening on the bank of Kazanka river. It is one of the most favorite places of Kazan citizens. It is also a nice place to have a picnic when it is warm and sunny. You just simply find the riverside if you go straight ahead from The Kremlin, or if you go to “N.K.TSE”, a fancy place, but very popular among young people in summer. The bus stop needed is “Ploschad svobody”.

The State Museum of Fine Arts (Государственный музей изобразительных искусств)

Here you can find a lot of art piece. The exposition is quite big: icons, jewelry, pictures of Shishkin, Serov (famous Russian artists), also some works of European artists. The museum is located in a very beautiful old building, the former house of a Russian aristocrat. There are also other museums in Kazan near the Kremlin, which focus on history. *Address: Ulitsa Karla Marksa 64*

Temple of All Religions, or the Temple of the Universe (Храм всех религий, или Вселенский храм)

This is an architectural complex, consisting of several types of religious architecture including an Orthodox church, a minaret, and a synagogue, among others. It is currently under construction, having been started in 1992 by local artist and philanthropist Ildar Khanov. He said that eventually the structure would have 16 cupolas, corresponding to the 16 major world religions. Although the temple is located quite far (in the Staroye Arakchino Microdistrict of Kazan), it is worth going there if you are interested in architecture. You can reach this place by electricchka or bus (“Staroye Arakchino” stop).

SPORT

Kazan has just recently earned the reputation of a sports city, due to its recent investments in this domain. Kazan organized the World Summer Universiade 2013, and was a host city for FINA World Aquatics Sports Championship in 2015 and for FIFA World Cup in 2018 in Russia. Many of Kazan's professional teams, such as Rubin (football) or Ak Bars (hockey), have been recent Russian champions.

There are many **Fitness Clubs** in Kazan. Some of them are near our Centre (Alex Fitness, Grand Fitness, М а л и н а).

SHOPPING

There are many shops to fit any taste near the centre but the biggest ones are **ГУМ** (ул. Баумана, 51), **Кольцо** (ул. Петербургская, 1), **ЦУМ** (Московская ул., 2). Other main shopping centres of Kazan are **Тандем** (Проспект Амирхана, 56), **Корстон** (Николая Ершова, 1а), **Бахетле** (Павлюхина, 57), **Мега** (Проспект Победы, 141).

TRANSPORT

Kazan has a variety of public transport, including buses, trolleybuses, trams, and tube. A trip fee is 18 roubles (using a **transport card** – www.transkart.ru) or 20 roubles (using **cash**) for any kind of transport.

The railway system connects Kazan with the major cities as well as the most remote parts of Russia. The ticket between Kazan and Moscow costs from 30 to 70 pounds depending on class (from 50 to 100 pounds by plane). The passenger carriages in Russia are of four main classes – **к у п е** (four to a compartment, two up and two down) and **п л а ц к а р т** (four to an open compartment, two up and two down). **П л а ц к а р т** is less luxurious, but cheaper. Another class is **С В** (same as **к у п е**, but for two people and, therefore, more expensive). The most expensive is **м я г к и й** class. The last two classes (**С В** and **м я г к и й**) are quite expensive that is why their prices have not been taken into account.

Train tickets can be bought in advance from any station (**ж е л е з н о д о р о ж н ы е к а с с ы**), ticket agencies in a town/city (with a commission fee), ticket machines in and around the stations, or on the Internet (from the official site of the Russian Railways – <http://pass.rzd.ru/main-pass/public/en>). **To buy a ticket you will need your passport number and date of birth. To get on the train you will need your passport.**

Kazan has 2 railway stations. If you are coming to Moscow from Kazan the train will terminate at **К а з а н с к и й в о к з а л** (Kazansky Station).

A convenient place to buy **plane tickets in Kazan** is “Turamko” (“**Т у р а м к о**”) Ticket Agency which is near our Centre (**Л е в о - Б у л а ч н а я**, 42). You can also buy flights online, e.g. on www.ticket.yandex.ru or www.avia.tutu.ru.

CHANGING YOUR RETURN FLIGHT DATE

If you wish to change the return date, you should email Roy Bivon (roy.bivon@rlus.co.uk) directly and he will be able to change it for you.

Before you plan any trips, we recommend you check out the British foreign office website (www.fco.co.uk), which provides up-to-date information about where it is unsafe to travel, and what regulations there may be.

PLEASE NOTE: Absence from the course is only permitted in cases of illness or during travel weeks.

Attendance and marks will be sent to your universities.

